



# THE FINAL COUNTDOWN: SURVIVING WITHOUT BUYING OR SELLING

## WEEK #5 OF A LIVE BIBLE STUDY SERIES

Week #5 - Be Ready For Their Next Move

**Early Writings p. 56.2-3:** “The Lord has shown me repeatedly that it is **contrary to the Bible to make any provision for our temporal wants in the time of trouble**. I saw that if the saints had **food laid up** by them or in the field in the time of trouble, when sword, famine, and pestilence are in the land, it would be taken from them by violent hands and strangers would reap their fields. Then will be the time for us to trust wholly in God, and He will sustain us. I saw that our bread and water will be sure at that time, and that we shall not lack or suffer hunger; for God is able to spread a table for us in the wilderness. If necessary He would send ravens to feed us, as He did to feed Elijah, or rain manna from heaven, as He did for the Israelites.”

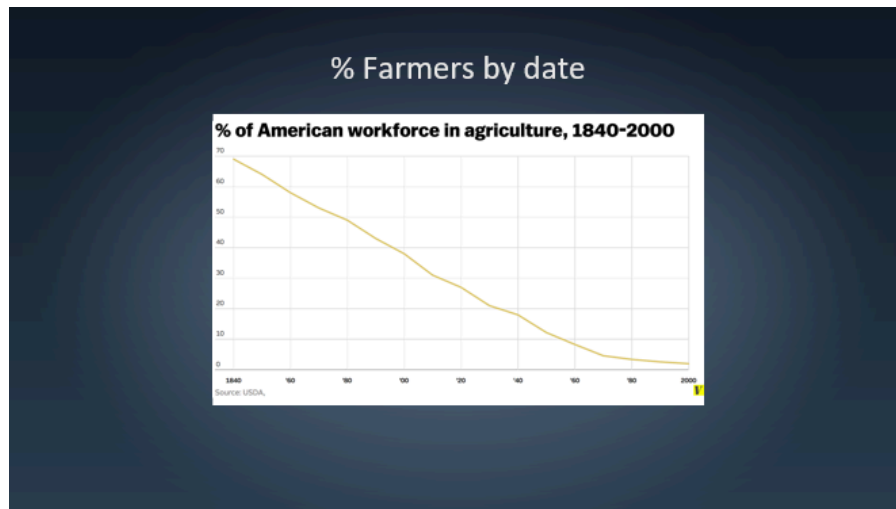
**Houses and lands will be of no use** to the saints in the **time of trouble**, for they will then **have to flee** before infuriated mobs...”

Largest Agricultural landowner USA

- Bill Gates – 275,000 Acres

LAND OWNED BY BILL GATES BY STATE

275,000 ACRES OF LAND OWNED BY BILL GATES



**Revelation 13:16-17:** “And he causeth all, both small and great, rich and poor, free and bond, to receive a mark in their right hand, or in their foreheads: And that **no man might buy or sell**, save he that had the mark, or the name of the beast, or the number of his name.”

**Adventist Home p. 373:** “**Educate our people** to get out of the cities into the country, where they can obtain a small piece of land and make a home for themselves and their children.”

**Hebrews 11:7:** “By faith Noah, being **warned** of God of **things not seen as yet**, moved with fear, **prepared an ark to the saving of his house**; by the which he condemned the world, and became **heir of the righteousness which is by faith**.”

**Manuscript Releases, vol. 12 p. 219.4:** “The Protestant world has set up an idol sabbath in the place where God's Sabbath should be, and they are treading in the footsteps of the Papacy. **For this reason, I see the necessity of the people of God moving out of the cities into retired country [places]** where they may cultivate the land and **raise their own produce**. Thus they may bring their children up with simple, healthful habits. I see the **necessity of making haste to get all things ready for the crisis**.”

### **The 3 Pillars of a Country Property:**

- Land
- Water
- Wood

Question: How much?

Answer: Global Average 1 Acre per person or 0.4 Hectare

Traditional Diet with Meat = 3 Acres

**Calories vs. Land to Produce those calories:**

BMR = weight in lb. add a 0

Example: 200lb add 0 = 2000 calories per day

150lb add 0 = 1500 calories per day

### Macro-Nutrients:

- Carbohydrates
- Proteins
- Fats



**1787 calories (Day total):**

### Breakfast:

- 4 slices Bread
- 1/2C strawberries
- 1/3C Raspberries Dried
- 1C Black Beans
- 1 Tbsp Flax seed
- 1 Tbsp Sunflower Seeds

### Lunch:

- 3 Potatoes
- 1C Cooked from Fresh BroadBeans
- 1 Carrots

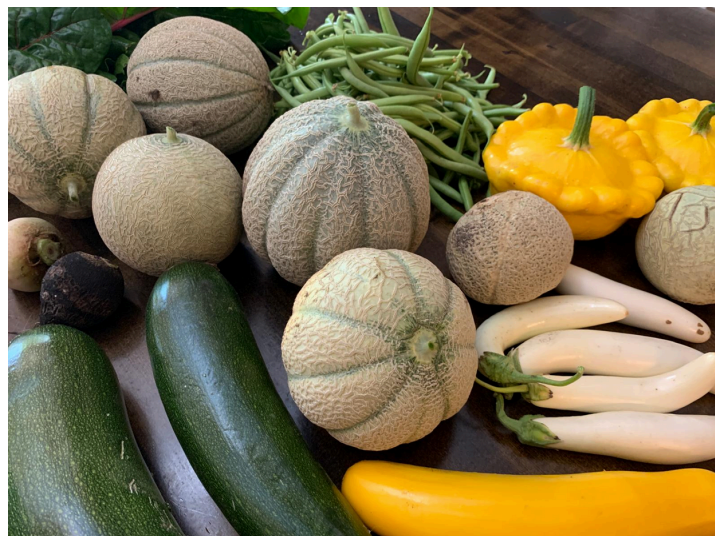
¼ Winter Squash  
1C Raw Cabbage  
1C Cucumber  
1 clove Garlic

**Dinner:**

“3C Lettuce  
1/2C Radish  
1 Tomato  
½ Bell Pepper  
1Tbsp Dill  
1 Tbsp Parsley

**1 Year for 1 person:**

145lb - Wheat  
321lb - Potatoes  
50lb Carrots  
73 Cabbage  
138lb Black Beans  
365 Tomato  
17lb Flax seed  
8lb Sunflower Seeds  
91 Winter Squash  
70lb BroadBeans  
70lb Strawberries  
36lb Raspberries  
2000 Radish  
365 Cucumbers  
180 Bell Peppers











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